



**SIGNPOSTS**

Discover Our  
Services.



Signposts supports people who are homeless in Luton and Dunstable. from the street to independent living.

Through our service portfolio we provide outreach, residential and supporting services to those who, for many reasons and circumstances, are unable to find suitable accommodation to meet their needs. We achieve this via our 4 stages of accommodation.

We currently have a portfolio of 11 properties in Luton, Dunstable and Houghton Regis that provide safe and supportive accommodation for up to 182 residents.

We work within a Trauma Informed Care (TIC) and Psychologically Informed Environment (PIE) approach which basically means we focus more on the underlining trauma that caused an individual to become homeless not just their homeless status. At Signposts we find this approach vital if we are to truly empower an individual to succeed with independent living.

# Our Services

## Outreach

Our dedicated Outreach Team supports roughsleepers by engaging with them to offer support and accommodation options.


The Team not only received referrals via the Streetlink app and the local authority but 3 times a week head out at either 5am or 7am to find those sleeping rough.

As part of the support offered, on Friday mornings the team are joined by representatives from the mental health and drug and alcohol sectors.

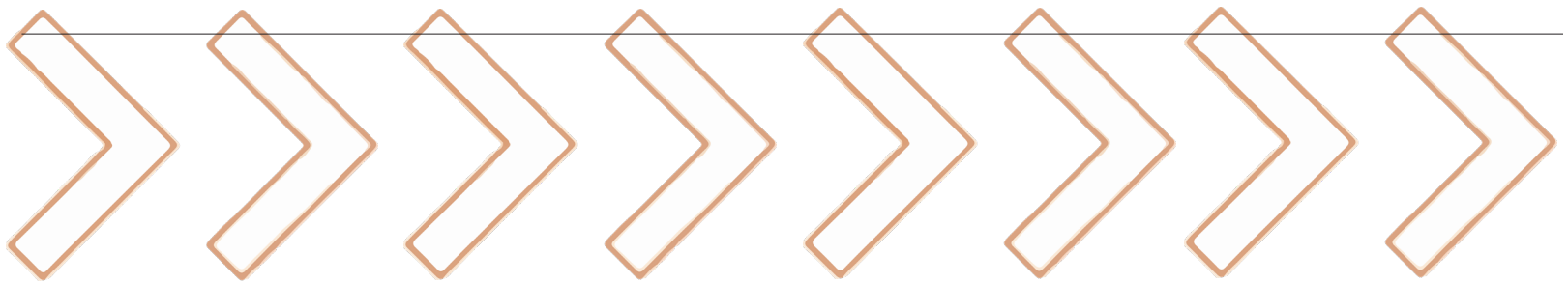
## SOS - Emergency 24/7 Accommodation.

Based at Guildford Hall in Luton SOS provides 21 direct access beds for 18-65 year olds. Staffed both day and night the project provides clients with a safe bed, 4 meals and a laundry service.

Our dedicated staff team offer support that seeks to ultimately equip clients with the stability required to move on. They also support with practical issues like securing ID, benefits and a bank account which are vital.



AFTER I LEFT SIGNPOSTS I  
MOVED TO WALES INTO A  
2-BEDROOMED FLAT. I HAVE  
BEEN WORKING PART TIME IN A  
CALL CENTRE. MY MAIN  
AMBITION IS TO GO BACK ON  
THE BUSES - I AM A BUS DRIVER  
BY TRADE.



## Stage 1 Housing

Provides 55 bedspaces for 16-65 year olds within our Stage 1 Housing across Luton and Dunstable.

Staffed 24/7 these supported housing projects includes meals, laundry facilities, shared bathrooms and communal areas.

Our Stage 1 staff provide a holistic approach to their trauma informed support by not only creating opportunity for key life skills to be developed, essential to successful independent living, but also supporting well being via stand alone activities such as gardening and art.

Stage 1 also allows the opportunity for staff to help support clients to engage with other agencies such as education or drug & alcohol support.

## Stage 2 Housing.

Provides 70 bedspaces for 16-65 year olds across 5 properties within Stage 2 Housing. Each property offers communal kitchens, lounges and laundry facilities.

Whilst each property has staff available every day, there is less intense support than stage 1 as clients are able to live more independently. Staff support is based more on engaging around independent life skills such as budgeting, healthy eating as well as supporting with housing and employment applications.



## Stage 3 Housing

Provides 31 bedspaces across 5 shared properties and offer clients a fuller independent living experience whilst bidding for their own properties.

## TEAM SP

The ethos of Team SP is that anyone on their journey can contribute their time and skills within the local community.

Team SP looks for exciting and initiative ways that our clients can volunteer their time to support all aspects of life within Luton and Dunstable. In partnership with organisations like Love Luton we have volunteered time for marshalling events, litter picking, gardening, painting and more.

Our aspiration for TEAM SP is to have opportunities to create workshops, permanent volunteering opportunities and even apprenticeships for our clients to help them learn vital skills and experiences in order to truly thrive as participating member of the community.



**#TEAMSP** supporting community

# How To Support Our Services

£5

Toiletries Set

£10

Food Package

£25

Bedding Set

There are many ways you can help us reduce homelessness, from taking part in one of our sponsored events to making a small financial donation.

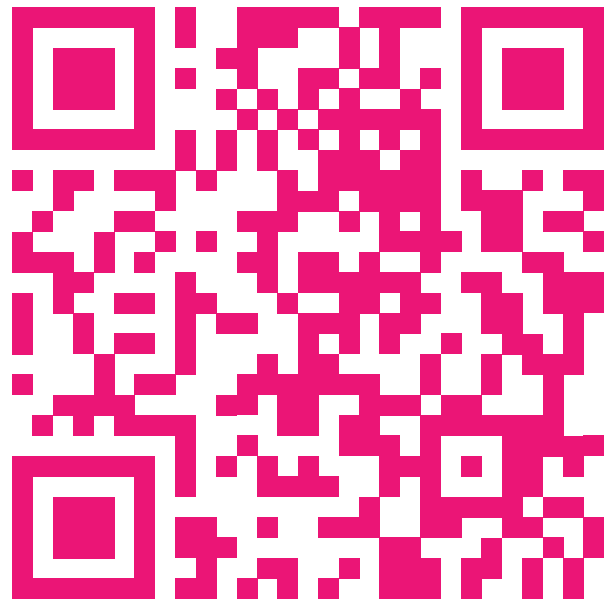
Just a small donation can help us provide essentials to those moving in or moving on from Signposts. Simply scan the QR code below and follow the instructions on our website. You can either make a one-off donation or, to help us forward plan, why not set up a small monthly gift. Monthly donations can be stopped at any time.

We love to work in partnerships within the community so if you're part of a local company that would like to be involved in sponsoring an event for us or becoming our friend then please do get in touch on [supportus@signpostsso.org](mailto:supportus@signpostsso.org). You can find us on LinkedIn too.

To help raise awareness of our services simply follow us on Twitter, Facebook or Instagram and like and share our posts so folks know they can call us if needed. To fund us just search our handle [@signpostsso](https://twitter.com/signpostsso).



“I just hope you know that you have made me hopeful – I can’t thank you enough”





Signposts  
Unit 7 Titan Court  
Laporte Way  
Luton Bedfordshire  
LU4 8EF

Email: [info@signpostsso.org](mailto:info@signpostsso.org)

Phone: 01582 722 629

website: [www.signpostsso.org](http://www.signpostsso.org)

Charity Number 1040860